

NEWSLETTER



JAMES B. CONANT HIGH SCHOOL

JULIE C. NOWAK PRINCIPAL

March 2020

From the Principal:

Safety Starts with Awareness. Awareness Starts with You.



Critical Conversations- Rideshare Safety

Parents,

In the coming months this space will be dedicated to critical conversations that I hope you will consider having with your children during their high school years. While there is space in our curriculum dedicated to these topics, there is no curricular replacement for family discussions about issues that affect our children's safety. As "iGens" (the generation born between 1995-2012) navigate adolescence and young adulthood, safety issues often stem from the misuse of technology or naivety surrounding the use of apps. This month's topic is rideshare safety.

As we enter a new decade, there is no doubt we have become accustomed to conveniences that offer solutions to everyday problems. The ability to use a rideshare app to ease transportation concerns is certainly one of them. Despite rules prohibiting unaccompanied minors from using such services, in a national survey, one in eight parents reported their teenager age 14-17 had used one. One in three parents says their 18-year-old has used a ride sharing service, either alone or with another teen.

Some Tips to Discuss with Teens Regarding Rideshares include:

1. Teens should know that if they feel they are in any danger, they should ask the driver to stop the car or call 911. Teens may feel uncomfortable and not empowered to speak up if they notice a driver is not driving safely or if something does 'not feel right.' Parents should advise their teens to speak out or refuse a ride. They should

be reminded that they are getting into a vehicle with a stranger and that it is essential to be especially attentive to anything that may risk their safety.

2. It is safer to travel with a peer in a rideshare than to travel alone. There is power and safety in numbers.
3. When using a rideshare, check that the car and the driver match with the app notification from the service before they get in the vehicle. This should include the driver's name, photo, car type, and license plate.
4. Limit the use of technology while traveling. While using a rideshare, it is important to focus on the travel plan. Texting, FaceTiming, phone calls and even listening to music can distract riders from paying attention.
5. Select drivers who have high ratings and multiple trips in their ride history.
6. Riders should ask the driver to identify whom they are picking up. If the driver accepted the ride, they should know the rider's name.

I sincerely hope you will take some time with your child to discuss these safety tips for rideshares.

Sincerely,

A handwritten signature in black ink that reads "Julie C. Nowak".

Julie C. Nowak
Principal

SENIOR FINAL EXAM EXEMPTIONS

Seniors may qualify for an exemption from their last semester final examination in a course if the student: has at least a "C" average in the course; has no more than five absences from the class; has never been truant from the class; has never been suspended from the class; and is not incomplete on assignments required by the teacher of that class. Seniors have the option to still take their final exams even if they qualify for the exemption. Seniors who are not exempt from last semester final examinations will take their examinations at the regularly scheduled times for semester examinations. Questions regarding senior final exam exemptions can be directed to your senior's administrator.

OPERATION SNOWBALL

The 2020 D211 Operation Snowball retreat will be held at Conant High School on Saturday, March 14 from 7:00 a.m. – 11:00 p.m. All Conant students are invited to participate! Students can complete the online registration link on the Conant website. Space is limited to the first 100 Conant students who complete the online registration form and pay the \$30 registration fee in the main office. For more information, please contact Rick Bauer, CHS counselor and Operation Snowball advisor.



If you require assistance while visiting our school, please contact the assistant principal's office at (847) 755-3612.

For individuals who are deaf or hard of hearing, please access the following TTD/TTY telephone number: (847) 755-3654.

dates to remember

2/21	SPIRIT WEAR SALES 10:00AM-1:40PM COUGAR CORNER
2/21	WINTER PLAY "FRONT" 7:00PM AUDITORIUM
2/22	WINTER PLAY "FRONT" 2:00PM / 7:00PM AUDITORIUM
2/22	LATIN NIGHT 7:30PM-10:00PM CAFETERIA
2/27	D211 CAREER EXPO 4:30PM-6:30PM FREMD HIGH SCHOOL
2/28	BLOOD DRIVE 8:00AM-3:00PM ATRIUM
2/29	CONANT BOOSTERS SOCIAL FUNDRAISER 7:00PM CHANDLER'S
3/3	STUDENT LATE START CLASSES BEGIN AT 9:35AM
3/5	JAZZ BAND CONCERT 7:00PM MEDIA CENTER
3/6	SPIRIT WEAR SALES 10:00AM-1:40PM COUGAR CORNER
3/6	ORCHESTRIS SHOW 7:30PM AUDITORIUM
3/7	IMPROV PERFORMANCE 7:00PM CAFETERIA
3/7	ORCHESTRIS SHOW 7:30PM AUDITORIUM
3/9	BAND PARENT MEETING 7:00PM A160
3/10	CONANT BOOSTERS MEETING 7:00PM MEDIA CENTER
3/13	INTERNATIONAL FAIR 6:30PM AUDITORIUM (DATE CHANGED FROM 4/24/20)
3/14	OPERATION SNOWBALL 7:00AM-11:00PM
3/14	SAT TESTING 8:00AM CLASSROOMS
3/14	D211 HONORS BAND CONCERT 2:00PM PALATINE HIGH SCHOOL
3/17	STUDENT LATE START

DENTAL EXAMINATIONS REQUIRED FOR CLASS 2023

Dental forms for the Class of 2023 are due to the health office by May 15, 2020. Dental forms can be brought in by your son/ daughter or faxed to 847-755-3861. Dental forms are available on the Conant website under parent - health services tab. If you have questions please contact the health office at 847-755-3663.

CLASS OF 2024 PARENT INFORMATION

All incoming ninth grade students are required by the state of Illinois to have a physical examination and their current immunizations on file in the health office. Physical examinations must be completed on the Certificate of Child Health Examination form version dated 11/2015 or later. These forms are available on the school's website under parents - health services tab. Examinations that are not completed on this form or completed on IHSA forms will NOT be accepted to meet the requirement of your child's ninth grade physical.

As of the 2019-2020 school year, all incoming ninth graders are required to turn in a dental examination. The dental exam must be dated within 18 months of the May 15 deadline. Dental examination forms will need to be turned into the nurse's office by May 15, 2021. The dental exam form is available on the Conant website under the parent - health services tab.

If your child is planning to register for a summer sports camp, a physical must be on file in the high school health office prior to the first day of camp. Your child's physical must have been completed within the last 13 months for your child to participate. Health records will not be received from the junior highs prior to the start of summer sports camps. It is the responsibility of the parents to make sure there is a physical on file in the health office prior to the first day of sports camp.

RECOGNITIONS

- Conant varsity wrestling finished 3rd in the overall conference & 2nd place at the Leyden Invite.
- Conant varsity swimmers broke 2 pool records at Palatine High School: Evan Bestor in the 200 IM & Spencer Urban in the 200 backstroke.
- Conant Co-Ed Cheer took 2nd place at the Lake Zurich tournament, 3rd at the MSL Conference Tournament, 2nd at the IHSA Sectional, and placed 6th at state.
- Girls Gymnastics finished in 2nd place at the Lake Forest Invite, and won the IHSA Regional.
- Competitive Dance – finished 2nd at the MSL Conference Tournament, 5th at Sectionals, and 14th at state.
- Girls Bowling finished in 1st place in their division at the Prospect Invite.
- Conant female wrestler, Gianna Gagliani finished in 1st place at the Schaumburg Invite.
- Congratulations to ILMEA State: Sophie Douvris - Honors All State Choir; Makiba Kurita - Honors All State Orchestra (Concert Master - 1st chair violin); James Preucil - Honors All State Orchestra (1st chair viola); Sean Yoshihara - Honors All State Orchestra; Nate Mathew - Honors All State Orchestra.
- Congressional app challenge winners - John Waity, first place; Ashay Parikh and Rayaana Siddiqi, tie for second place.
- Code 211 – Best Game: Portals - Timothy Gonzalez, Tyler Calderwood – Conant; Best Social Impact: Trash App - Labdhi Jain, Jill Patel – Conant.
- Chess – Finished 3rd at the MSL Conference Tournament, 2nd at Sectionals, and qualified for state.
- Speech had five events that qualified for IHSA Sectionals: The PIR group ensemble for the play Freak, Maddie Stoerp for Impromptu Speaking, Charlotte Stanton for Oratorical Declamation, and Sarah Kim in both Prose Reading and Radio Speaking.

Support the Conant High School Food Pantry

Conant High School has a food pantry that serves our Cougars in Need. It's called the **Cougar Cupboard** and is visited every Friday by about 15-20 students. Because of the unique needs and situations that our Cougars in Need face, our pantry needs are a little different from a typical food pantry. The highest demand items require simple to no cooking and appeal to the teenage palate.

Students Especially Appreciate the Following Items:

Slim Jims, microwave popcorn, pop-tarts, healthy chips, trail mix, mini-muffins, fruit snacks, breakfast bars, cereal, Rice Krispy treats, oatmeal, apple sauce pouches, juice boxes, fruit cups, individual macaroni and cheese, Ramen noodles, pasta and sauce, toiletries and personal items. Frozen foods (if you bring these items in, please bring it to the attention of the front office) such as Uncrustables, hot pockets, and individually wrapped mini pizzas.

CLASSES BEGIN AT 9:35AM

- 3/18 ART EXPO
10:00AM-1:40PM ATRIUM
- 3/18 DANCING WITH THE COUGAR STARS
6:00PM MAIN GYM
- 3/19 CONANT BAND PARENTS CLUB
FUNDRAISING DINNER
5:30PM-7:00PM CAFETERIA
- 3/19 BAND SHOWCASE CONCERT
7:30PM AUDITORIUM
- 3/20 SPIRIT WEAR SALES
10:00AM-1:40PM COUGAR CORNER
- 3/20 SPRING BREAK BEGINS AT END OF
SCHOOL DAY
- 3/30 OPENING DAY OF SCHOOL AFTER SPRING
BREAK
- 4/4 CUPCAKES FOR A CAUSE
10:00M-12:00PM CAFETERIA
- 4/4 SCHOOL OF ROCK BAND SHOWCASE
6:00PM AUDITORIUM

2020 CENSUS - EVERYONE COUNTS!

Census Day is April 1, 2020. By this date, every home will receive an invitation to participate in the 2020 Census. Once the invitation arrives, respond for your home in one of three ways: online (portal opens on March 27), by phone, or by mail. When responding to the Census, tell the Census Bureau where you live as of April 1, 2020. Learn more about the 2020 Census and why it's important to participate at: <https://2020census.gov>. **Everyone Counts!**

CLASS OF 2021 IMMUNIZATION REQUIREMENT FOR 2020 -2021 SCHOOL YEAR

As of the school year 2015-2016, any child entering the 12th grade will be required to show proof of receiving two doses of the meningococcal conjugate vaccine (MCV). The first dose shall be received on or after the child's 11th birthday. The second dose should be administered on or after your child's 16th birthday. An interval of at least eight weeks after the first dose. Only one dose is required if the first dose was received at 16 years of age or older. Your child's registration will NOT be able to be completed until this immunization requirement is met. Please note the meningococcal B vaccine does not meet the school requirement. If your child does not receive their immunizations for religious reasons, a state approved exemption form must be submitted to the nurse's office prior to completing your child's registration process as this is a new immunization requirement. If your child does not receive immunizations for medical reasons, a note from your physician is required and must be submitted to the nurse's office prior to completing your child's registration process. If you have any questions please contact the health services office at 847-755-3662. Please do not wait to until the last minute to get this vaccine. Doctor's offices do run out of the vaccine and receiving the vaccine at a local pharmacy can be very costly!

CONANT HS BOOSTERS

It has been such an exciting school year already for Conant Boosters. A huge thank you to all those who have volunteered at the Savers fundraiser OR the grill at the football games OR at the school store OR at a special event night OR at volleyball concessions. (I'll stop now. LOL) The year is not over! We Need You! Go to www.conantboosters.com to volunteer!

Conant Boosters is excited to host our 2nd annual **CASINO NIGHT** at Chandlers in Schaumburg on **Saturday, February 29 from 7:00 p.m. – 11:00 p.m.** Leap into an ADULT evening of professionally run casino games, a silent auction, three hours of open bar with h'ordeuvres, a raffle, a DJ, and the opportunity to socialize with the fantastic people in our Conant community! We are saving up for a marquee so get your tickets TODAY at www.conantboosters.com.

What do we do with the money raised throughout the year? In part, we provide scholarships to deserving seniors. This year, we increased our scholarship budget to \$20,000!!! There will be fourteen \$1,000 scholarships and four \$1,500 scholarships given to deserving seniors wishing to further their education. Scholarship packets can be downloaded at www.conantboosters.com and completed applications are due March 13.

Please join us at the next Boosters meeting on Tuesday, March 10 at 7:00 p.m. in the Media Center.

GO COUGARS!

Elizabeth Paveza
Conant Boosters President

Visit us at www.conantboosters.com
Contact us at conantboosters@gmail.com
Like us on Facebook at CONANT HIGH SCHOOL BOOSTERS
Follow us on Twitter @Conant_Boosters



FRESHMEN, SOPHOMORES AND JUNIORS TEST IN APRIL
Freshmen, Sophomores and Juniors Test in April

SAT

The Illinois State Board of Education's required high school level assessment, The College Board Scholastic Achievement Test (SAT), will be administered throughout Illinois on Tuesday, April 14, 2020. This state-funded SAT fulfills the requirement of the Illinois School Code that students take the state's required assessment to be eligible to receive a regular high school diploma, unless eligible to take the alternative assessment or otherwise exempt from testing. The assessment measures student knowledge related to state standards with respect to examination purposes. This state-funded SAT can be used as a college or university entrance exam score.

Students can choose to take an additional SAT on a national test date to improve test scores. This option may be discussed with your child's school counselor to determine the benefits of additional testing and to receive information about national SAT tests the dates and costs. You can find detailed information about the SAT online at <http://collegereadiness.collegeboard.org/sat>. Fees charged by College Board for testing on national test dates are the responsibility of the individual students and/or parents. Fee waivers are available for qualifying students through the student services department.

<i>SAT Test Dates</i>	<i>Registration Deadline</i>	<i>Late Registration</i>
May 2, 2020	April 3, 2020	April 14, 2020
June 6, 2020	May 8, 2020	May 19, 2020

PSAT 10

Sophomores will be administered the PSAT 10 on Wednesday, April 15, 2020, to measure their progress in reading, writing, language, and math. You can find additional information about the PSAT 10 online at <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10>.

PSAT 9

Freshmen will be administered the PSAT 8/9 on Wednesday, April 15, 2020, to measure their progress in reading, writing, language, and math. You can find additional information about the PSAT 8/9 online at <https://collegereadiness.collegeboard.org/psat-8-9>.

Performance on these assessments helps District 211 improve curriculum and instruction to ensure that all students are college and career ready upon graduation from high school. The PSAT 9 and PSAT 10 identify areas to strengthen prior to the State-required junior year assessment. Students dismissed following exam. Please mark your calendars. Bus transportation will be available for those who normally use bus service to school and back according to their schedule.

	<i>Freshmen</i>	<i>Sophomores</i>	<i>Juniors</i>	<i>Seniors</i>
Tuesday, April 14, 2020	Do not report to school	Do not report to school.	SAT administration, junior students report to school. Students will be dismissed approximately at 12:30pm/1:15 pm	Do not report to school
Wednesday, April 15, 2020	PSAT 9 administration, freshmen students report to school. Students will be dismissed approximately at 11:15am/12:00pm	PSAT 10 administration, sophomore students report to school. Students will be dismissed approximately at 11:15am/12:00pm	Do not report to school	Do not report to school

March 12, 2020 Illinois Science Assessment (ISA)

Change in school day schedule. The Illinois Science Assessment (ISA), a state required science assessment, will be administered to all juniors on March 12, 2020. In order to accommodate the facility and staff requirements for these tests, freshman, sophomore and senior students will attend a late start schedule on March 12, 2020 (10:00 a.m. – 2:45 pm/10:40 – 3:30pm). Freshman, sophomore and senior students should report to their bus stop at 9:10am/9:55am on March 12. The ISA is aligned to the Illinois Learning Standards for Science incorporating the Next Generation Science Standards (NGSS). Visit <https://www.isbe.net/Pages/Illinois-Science-Assessment.aspx> for more information.

	<i>Freshmen</i>	<i>Sophomores</i>	<i>Juniors</i>	<i>Seniors</i>
March 12 Modified Schedule	Late start (10:00am-2:45pm/10:40-3:30pm) Report to bus stop 9:10am/9:55am.	Late start (10:00 a.m. – 2:45 pm/10:40 – 3:30pm) Report to bus stop 9:10am/9:55am.	Students report to school at normal start times.	Late start (10:00 a.m. – 2:45 pm/10:40 – 3:30pm) Report to bus stop 9:10am/9:55am.