

# Electives for Seniors | 2022- 2023



Classes that “build” your future.



Small Engines T-134



CAD 1 T-166



Electronics 1 T-174  
Computer Repair T-273



Manufacturing Tech T-144



Introduction to Engineering Design (IED) T-202

Automotive 1 T-235  
Automotive 2 T-336  
Autos IS T-437/487

CAD 2 T-266  
CAD IS T-366/466

Network Administration  
and Security T-373  
Electronics 2 T-276  
Electronics IS T-377/477

Woodworking 1 T245  
Woodworking IS T347/447

Building Construction T346

Principles of Engineering (POE) T-302  
Digital Electronics (DE) T-408  
Biotechnical Engineering (BE) T-428  
Civil Engineering & Architecture(CEA) T-418  
Computer Integrated Manufacturing(CIM) T-438 (PHS)



## Full Year Courses

Digital Media 1/Video Animation 1  
Drawing Painting & Printmaking 1  
Ceramics & Sculpture (3D) 1  
Broadcast Media



## Semester Courses

Photography 1&2\*  
Graphic Design 1&2  
Art in Contemporary Society\*



\*Dual Credit Course



## Business Education

Your Success is Our Business

### Full-Year Courses

B164/B664 Technology Applications (Dual Credit)  
B184 Business Explorations  
B386/B686 Financial Accounting (Dual Credit)  
B397/B697 Business Incubator (Dual Credit)  
B488 Advanced Managerial Accounting

### Semester Courses

B223 Topics in Marketing  
B293 Social Media for Business  
B394 Finance and Investing  
B684 Business Management (Dual Credit)  
B387 Business Law



Trust us! With business being the most popular college major, it will “pay dividends” to get started early!

## English Electives

Journalistic Writing I - E205  
Journalistic Writing II - E207

Creative Composition - E307  
Advanced Creative  
Composition - E317

Fundamentals of Speech -  
E603 (dual credit)  
Speech II - E204

Dramatics - E212  
Sports Lit - E214  
Social and Cultural Issues - E215  
Rhetoric of Cinema - E303

Advanced Reading - E305  
Reading Improvement - E341

Questions? Email English Dept.  
Chair Lindsey Komperda at  
lkomperda@d211.org



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## Family & Consumer Sciences

Design  
Pathway

Design Studio  
Interior Design  
Fashion Const.  
Design IS\*

Education  
Pathway

Child Dev  
Preschool Lab\*  
Education  
Internship\*

Culinary  
Pathway

Culinary Arts  
1 & 2\*  
IS Culinary\*  
Nordic Cafe

\*\*\*H243 Consumer Management  
fulfills graduation requirement

\*\*H346 Living on Your Own

\*Dual Credit Opportunities

**SKILLS**  
for Life



@FremdFCS



@FremdFCS



If you are looking for an unconventional approach to becoming a more effective Leader.....SIGN UP FOR LEADERSHIP 4 LIFE ( IN THE PHYSICAL EDUCATION DEPARTMENT).

Leadership for Life will help you grow as a person to grow as a leader.

## WELLNESS FOR LIFE

Are you interested in continuing to expand your knowledge on wellness and health? Looking to become an athletic trainer, physical therapist, personal trainer, or pursue a career within the medical field? Consider taking Wellness for Life, a yearlong junior/senior elective course offered by the Wellness Department. This course will be a dual-credit course offered with Harper College that will help students earn credit towards their Associates degree while they pursue potential careers in health or medicine. Students will use both classroom and lab activities to cover topics such as physical fitness, weight management, addictive behaviors, lifestyle diseases, and stress management. Students will also develop their own individual wellness programs. Please see Mr. Kittrell in the Wellness Department if you have any additional questions.



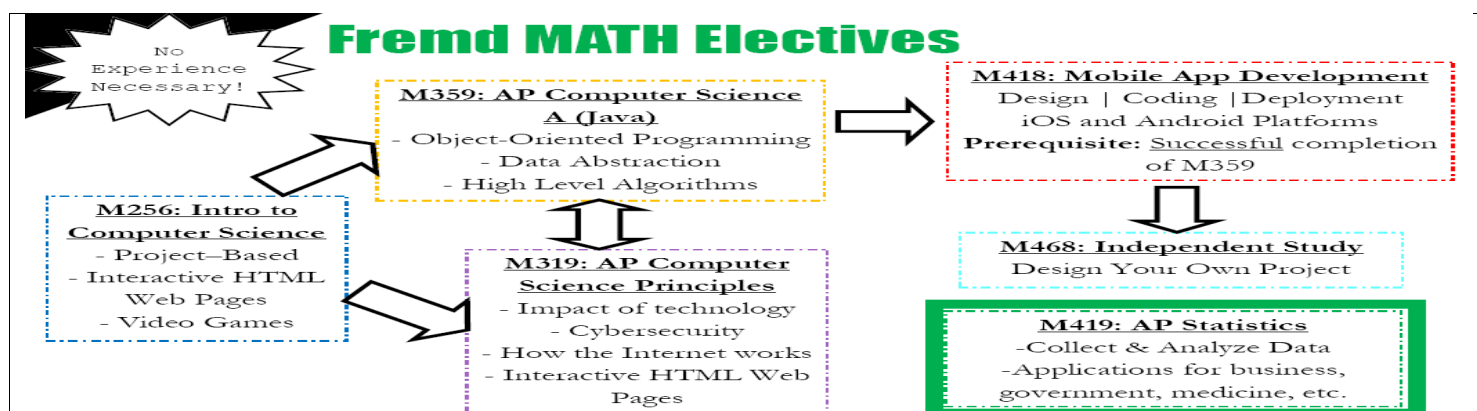
All Fremd students are invited to join the **Fremd Choir Program**! If you like music, know friends in choir, or want to meet new people, think about joining choir. There is a spot for you - everyone is welcome! If you are in choir, you can audition for a cappella and showchoir and participate in travel opportunities.

If you are interested in being in choir, please sign up for **Viking Chorale (C236)**. If you have previously been in a Fremd or outside choir, you can also set up a time to audition for one of the advanced ensembles with Mrs. Collins.

If you have any questions, please contact Mrs. Collins at [collins@d211.org](mailto:collins@d211.org) or stop by Room 17. For more information, visit the choir website- [fremdchoirs.weebly.com](http://fremdchoirs.weebly.com). **Come join the fun!**



# Electives for Seniors | 2022- 2023



**SCIENCE**

The Fremd Science Department offers a number of different options for seniors to best prepare and educate students for their roles in an increasingly scientific and technological world. When scheduling, please keep in mind that college bound students are highly encouraged to complete four years of science. Senior science course options are listed below.

332 Chemistry	352 Forensic Science (1 sem)	429 AP Environmental
334 Astronomy (1 sem.)	353 Applied Science	439 AP Chemistry
335 Geology (1 sem.)	359 AP Physics 1	449 AP Biology
	369 AP Physics 1&2	458 Adv.Chem. (1 sem)
	432 Physics	468 Adv. Physics (1 sen)
	437 Anatomy & Physiology	469 AP Physics C
		498 Advanced Topics



Popular college choices like Illinois, Iowa, Wisconsin-Madison, and Indiana recommend 3 or more years of **Social Studies** courses.



Women's Studies

World History

World Geography

World Affairs

AP European History

AP World History

Law and the Individual

Multicultural Perspectives

Psychology

AP Psychology

AP Human Geography

*Psych*



"History... does not refer merely to the past...

History is literally present in all that we do."

-James Baldwin



Our World Language programs include: German, Chinese, French, Spanish and Spanish for Heritage Learners.

Set yourself on the path to becoming a global citizen!

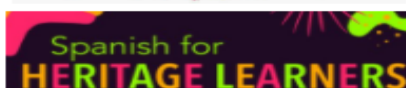
Studying a World Language can open the door to endless opportunities!

\* It's an option for fulfilling a D211 graduation requirement. \* Many universities require it.

\* It's a high school job application booster. \* Research supports its benefits.

\* It helps to make travel easier. \* It will enhance your future!!!!

Our Fremd World Language Department offers Dual-Credit and/or AP Courses in all our language programs.





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## Health R313

**Health Occupations and Medical Terminology** is an *elective course* offered to juniors and seniors that will introduce students to Health careers in the professional setting; through speakers and/or visitations of health care facilities. There will be an emphasis on Medical Terminology

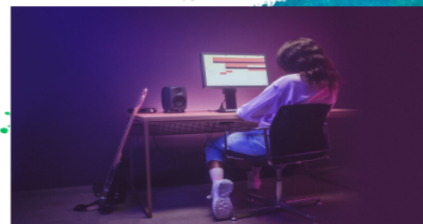
Prerequisite: P242 Health Education, must be a junior or senior, must successfully completed Algebra 1 and a Biology course at a "C" level or higher, must read near grade level

*One year - 1 credit*



## C162 Music Production

- NEW COURSE. No experience required! All students welcome.
- Learn aspects of music production and composition in a collaborative learning environment.
- Use music theory and song form through computer programming, sequencing, beat making, and audio production.
- Produce your own original music!
- Semester long course for grades 9-12.



# Electives for Seniors | 2022- 2023



**Join the Fremd Bands – All instrumental musicians with past school band experience are welcome!**

The Fremd Bands consist of:

- 215 total students enrolled in four bands
- Extra-curricular marching and jazz bands
- Band trips in and out of state to festivals and other large venues.
- Community performances and service.
- A fun and engaging way to keep music in your life!
- Please contact Mr. Moore (Band Director) if interested in joining: [mmoore@d211.org](mailto:mmoore@d211.org)



**Do you play a stringed instrument? Make music - Join Fremd Orchestras!**

Did you know that Fremd has 4 orchestras?

Level 1-Concert Orchestra (C124)

Level 2-Philharmonic Orchestra (C224)

Level 3-Chamber Strings (C324)

Level 4-Symphony Orchestra (C424)

If you have experience playing a stringed instrument, we'd love to have you join us! If you're interested, please contact Mrs. Caballero ([mcaballero@d211.org](mailto:mcaballero@d211.org)) for more information.

Students can also explore elective courses by visiting the FHS Course Selection & Elective Information course on Schoology (All students should be enrolled, but just in case the access code: K3JD-W6SJ-7B2FF).