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Dear Parents:

Although every student can benefit from their involvement in extracurricular activities and athletics, sometimes student involvement with athletics and activities can create unhealthy expectations and pressures from coaches, athletes, and parents. Positive Coaching Alliance (PCA) is a national non-profit developing "Better Athletes, Better People" by working to provide youth and high school athletes a positive, character-building youth sports experience.

Since its 1998 launch at Stanford University by Founder and CEO Jim Thompson, PCA has impacted more than 6 million youth athletes served by roughly 3,000 schools and youth sports organizations that have partnered with PCA.

High School District 211 is pleased to host the following Positive Coaching Alliance Community Education Sessions, focusing on how parents can help create a better extracurricular experience for their child (presentations are open to all District 211 parents at any location):

Dates: October 16	Palatine High School Media Center
October 23	Conant High School, Media Center
October 30	Fremd High School, Media Center
November 27	Schaumburg High School, Media Center
December 4	Hoffman Estates High School, Auditorium

Time: 7:00 - 8:30 p.m. for all sessions

During each session, District 211 Director of Athletics and Activities Eric Wenckowski will present the concept of "The Second-Goal Parent®." A second goal parent concentrates on life lessons while letting coaches and athletes focus on competing, helping to create a better experience for students.

Community education is important to High School District 211 and involvement will help our schools strengthen our commitment to serve all students. All sessions are open to the public and offered free of charge.

You received this electronic communication because you provided your email address to High School District 211. Changes or updates to your email address can be made using

the [Infinite Campus Parent Portal](#). If you have questions regarding any of the information contained within this email, please call the high school for assistance with your concern.

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