

**"He who has health, has hope; and he who has hope has everything."
Thomas Carlyle**



P242 Health Education Course Syllabus

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State Mandate: **Health Education** is a **½ credit course** that is **REQUIRED** by the **Illinois State Board of Education** for **graduation** from high school; Your grade does impact your GPA (Grade Point Average).

Course Goal: To provide health information that presents the students with the opportunity to take preventive action and implement positive health behaviors which can enhance the quality of life.

REQUIRED Materials for Class :

- | | |
|---|---|
| <input checked="" type="checkbox"/> 1.5 or 2 inch Binder | <input checked="" type="checkbox"/> Pencils, pens, highlighters |
| <input checked="" type="checkbox"/> 8 Dividers for Binder | <input checked="" type="checkbox"/> Markers, colored pencils |
| <input checked="" type="checkbox"/> Paper | |

Student Expectations:

- Be a Self-Motivated Learner- **PARTICIPATE & HAVE FUN!**
- Be **RESPECTFUL & APPROPRIATE** at all times
- Come in with a **POSITIVE ATTITUDE**- it's infectious!!

Health Classroom STUDENT Responsibilities:

- Be on time, with materials and remain in your seat until dismissed!
 - **Students arriving after 5 minutes late** must have an **ADMIT** from the office.
- Complete **ALL** assignments, notes and exams with academic honesty, and integrity.
- See the teacher for make up assignments or tests that were missed during an absence;
- Use the Bathroom **BEFORE** coming to class.
- IPODS, Cell Phones **MUST** be put **AWAY** at all times

Daily Class Structure

1. Warm Up/Review
2. Health Lesson
 - a. teacher led instruction
 - b. Group work/independent work
3. Wrap-up/homework

Assessments - 60% of your Grade

- ✓ All units will be utilizing pre and posttests. The Pre-tests will be recorded, but not counted towards your grade; Post-tests will be recorded as part of your Unit test
- ✓ All units will have "check-in" or "review quizzes" based on important concepts taught in class; these will be given randomly as pop quizzes and may be aligned to class/homework—**ALWAYS REVIEW your work done in class! If you write it down, you'll most likely need to REMEMBER it!!!**
- ✓ All units will have formative (quizzes) and summative assessments (unit tests)
- ✓ A comprehensive semester final will be given at the end of the course.

Assigned work - 40% of your grade

- ✓ Includes all classwork, homework packets and projects

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